Tempura Seafood Sticks



Packed:	5 x 1kg (15/kg)
Size:	67gm
Code:	TEMP30
Inner Barcode:	9317562002405
Outer Barcode:	19317562002402
Cooking Type:	

Description

→ Premium quality Seafood Sticks coated in a delicious tempura batter.

→ Suitable for Takeaway Shops, Fish & Chip Shops & Chicken Shops

→ Portion controlled for convenience.

Nutritional Information

Servings per package: 16

Serving size: 1 piece (62g)

	Ave. Quantity per Serving	**Ave. Quantity per 100g**
Energy	530kj (126Kcal)	855kj (203Kcal)
Protein	3.3g	5.3g
Fat, total	3.8g	6.1g
– saturated	0.5g	0.8g
Carbohydrate	19.3g	31.1g
– sugars	3.5g	5.7g
Sodium	240mg	387mg

Cooking

→ Deep-fry from frozen at 180°c for approximately 4-4.5 minutes.

→ Oven-bake from frozen at 200°c for 18 minutes, turning once at 9 minutes.

Ingredients

Threadfin Bream (**fish**) (25%), water, **wheat** flour, starch (**wheat**, potato, tapioca), **soybean** oil, sugar, rice flour, salt, modified starch (tapioca, corn), crab flavour & extract (**crustacean**), corn flour, **egg** white powder, leavening(E450i, E500ii), refined palm oil, flavour enhancer (E621), yeast extract, whey powder (**milk**), xanthan gum (E415), guar gum(E412), edible glucose, dry yeast, polyphosphate (E450, E451), red colour (E120, E160c).

Allergen Advice

Contains: fish, wheat, gluten, soybean, crustacean, egg, milk.

May be present: molluscs, tree nuts, sesame.