A&T

SALT & PEPPER BATTERED CAULIFLOWER



Nutrition Information

Servings per package: 10
Serving size: 4 piece (100gm)

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	714kj	714kj
Protein	2.53g	2.53g
Fat, total	9.2g	9.2g
- saturated	1.53g	1.53g
Carbohydrate	17.6g	17.6g
- sugars	0.05g	0.05g
Sodium	487mg	487mg

Features & Benefits

- Salt & Pepper Battered Cauliflower is a delicious and crispy vegetarian product that combines the flavours of salt and pepper with a light, crunchy batter.
- Perfect when served as an appetizer or finger food and can be enjoyed with various dipping sauces.
- Suitable for pubs, clubs, cafes, restaurants, caterers & food trucks.

Cooking: **Deep Fry:** Preheat oil to 180°C and deep fry from frozen for 4½-5 mins. **Oven Bake**: Preheat conventional oven to 200°C, place frozen battered cauliflower on a baking rack, bake for 12-13 mins, turning after 6-6.5 mins.
Size: 20-40gm - 25gm (average)
Packed: 5 x 1kg
Code: SPCF2

INGREDIENTS: Cauliflower (60%), water, **wheat** flour, **soybean** oil, thickener (E1414, E1420), corn flour, rice flour, sugar, salt, palm oil, spice (white pepper powder, ground black pepper, garlic powder), whey powder **(milk)**, raising agent (E450i, E500ii), vegetable gum (E412, E420).
ALLERGY ADVICE: Contains: wheat, gluten, soybean, milk.

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