

Edgell®

Nutritional Information

Servings Per Package: 26.6		Serving Size: 75g
	Ave. Quantity Per Serving	Ave. Quantity Per 100g
Energy	370KJ	493KJ
Protein	2.5g	3.3g
Fat, Total	1.5g	2g
- Saturated	0.2g	0.2g
Carbohydrate	14g	18.7g
- Sugars	3.2g	4.2g
Dietary Fibre	4.2g	5.6g
Sodium	3mg	4mg

< Means Less Than

Ingredients

Corn kernels.

Simplot®

Frozen Corn Kernels

Soft and juicy golden corn kernels

Product Specification

SKU	40242
Pack Size	6 x 2kg
Brand	Edgell®
Gross Wt	12.68KG
Net Wt	12KG
Manufacturing Country	AU
Grown in Australia	Y
Halal	Y
Vegetarian	Y
Vegan	Y

Please Note: Due to formulation changes, specification information on product packaging is most current.

Shipping Information

Length	379 MM
Width	281 MM
Height	215 MM
Shelf Life	720 Days

Preparation Instructions For Food Safety and Quality

Method Type	Time	Temperature
Steamer Place frozen corn in a single layer onto a perforated tray and steam for 4 minutes or until tender.	4 minutes	100°C
Stove Top Add 200g of frozen corn to boiling water and return to boil. Simmer for 1 minute or until tender.	1 minute	100°C
Microwave Place 200g of frozen corn into a microwave-safe dish, cover, and microwave on high for 3 minutes.	3 minutes	High

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