Ingham Enterprises - Item Number: 5530700

Product Number	**5530700**
Product Name	FROZEN CRUMBED BREAST FILLET 3KG CTN
Product Type	FURTHER PROCESSED FOOD SERVICE CHICKEN WHOLE MUSCLE CARTON
BPCS Description	FZ ING BREAST FILLET 3KG
APN	
GTIN	09310037216246
Inner Pack Size	N/A
Outer Pack Size	TARGET WEIGHT: 3Kg CARTON
Product Classification	Made in Australia from 100% Australian Chicken Plus Local And Imported Ingredients.
Ingredient listing	**Contains Wheat, Gluten. May Be Present: Egg, Milk, Soy.** Chicken (60%), Flour (**Wheat**), Vegetable Oil, Salt, Sugar, Water, Mineral Salt (451), Yeast, Gluten (**Wheat**), Thickeners (1404, 412), Starch (**Wheat**), Natural Colours (100, 160c), Herb Extract. Although Great Care Has Been Taken To Remove Bones From This Product, Some May Remain.
Product Claims	No Added Preservatives, No Artificial Colours, No Artificial Flavours
Weight/Size	UNIT DIMENSIONS UNIT WEIGHT: 120g OUTER CONFIGURATION: MINIMUM 24 FILLETS PER CARTON TARGET WEIGHT: 3Kg
Microbiological Standard	**PRODUCT CATEGORY:** FLASH FRIED - PLAIN TOTAL PLATE COUNT - TARGET: 1 X 10^6 cfu/g E.COLI - TARGET: 10 cfu/g TOTAL COLIFORMS - TARGET: 100 cfu/g **FREQUENCY AS PER GROUP MICROBIOLOGICAL MONITORING METHODS**
Chemical Analysis	N/A

Consumer Cooking	**Oven:** Preheat oven to180°c and cook for 40mins, turning over after 20mins. **Fryer:** Heat fryer to 180°C and cook for 5mins **Pan Fry:** Cook on medium heat for 5mins per side. This is a guide only. Appliance temperatures can vary. You may need to adjust cooking times accordingly. Please ensure all poultry is fully cooked before eating.
Carton Gross Weight	3.29 KG
Pallet Quantity	108
Pallet Configuration	Items: 12 Layers: 9
Carton Dimension	Height (103mm) x Width (232mm) x Depth (464mm)
Pallet Dimension	Height (1077mm) x Width (1165mm) x Depth (1165mm)
Storage Details & Temp	KEEP FROZEN AT OR BELOW -18°C
Approved Date	27/08/2025

Nutrition Information

	Quantity Per Serving	%DI Per Serving*	Quantity Per 100g
Energy (kJ)	1,252	14.4 %	1,043
Energy (Cal)	298		248
Protein (g)	17.5	35 %	14.6
Fat, Total (g)	12.0	17.1 %	10.0
- saturated (g)	5.0	21 %	4.2
Carbohydrates (g)	17.4	5.6 %	14.5
- Sugar (g)	1.0	1.1 %	0.8
Sodium (mg)	802	34.9 %	668

All values specified above are averages.
Nutritional Information is based on edible portion only for Bone-In product and Whole Birds.
*Percentage daily intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

Need more information? Please reach out to our friendly sales team for assistance.
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