



Plain Pig Wings



100% Australian Pork, hand-cut into petite pork hocks, lightly infused to deliver a consistently juicy, tender eating experience. Ready for chef's signature touch.

Product Details

100% Australian Pork, plain ideal for chef’s own rubs, brines and sauces

Features & Benefits

- Consistent, High Quality
- Versatile
- Chilled not Frozen
- Long Chilled Shelf life
- 100% Australian Pork
- Flavourful & Delicious

Nutritional Information

Servings per package: 6 per package Serving size: 150g

	Average quantity per serving	% Daily intake* per serving	Average quantity per 100g
Energy	783g	9%	522kJ
Protein	31.2g	62%	20.8g
Fat, Total	6.8g	10%	4.5g
- Saturated	2.4g	10%	1.6g
Carbohydrate	LESS THAN 1g	LESS THAN 1%	LESS THAN 1g
- Sugars	LESS THAN 1g	LESS THAN 1%	LESS THAN 1g

Ingredients

AUSTRALIAN PORK (91%), WATER, ACIDITY REGULATORS (262, 331), SALT, MALTODEXTRIN (MAIZE), EMULSIFIER (500), ANTIOXIDANT (316), CANOLA OIL.

Allergens

N/A
WITH 100% AUSTRALIAN PORK
NO ARTIFICIAL FLAVOURS.
NO ARTIFICIAL COLOURS.
NO ADDED PRESERVATIVES.



	Average quantity per serving	% Daily intake* per serving	Average quantity per 100g
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Sodium	264mg	11%	176mg
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*% DAILY INTAKES ARE BASED ON AN AVERAGE ADULT DIET OF 8700kJ.

Packaging & Storage

10 x ~ 1.4kg heat sealed thermoformed packets per carton
 40 cartons per pallet (10 cartons x 4 layers)
 Weight-embedded barcode on individual units and cartons
 Consume within 5 days of opening
 Keep Refrigerated at 0-4°C
 Ready to reheat

Prep & Cooking Tips

Disclaimer: Use instructions as a guide only, cooking efficiencies of appliances may vary.

STEP 1: Preheat oven to 180°C (fan-forced)

STEP 2: Remove Pig Wings from packaging and arrange evenly on a lined oven tray.

STEP 3: Lightly coat with olive oil or preferred glaze/sauce. Cover tightly with foil to retain moisture.

STEP 4: Heat for 15 minutes.

STEP 5: Remove foil and return to oven for a further 10 minutes, uncovered, until golden and heated through.

STEP 6: Rest briefly before plating.

Tags

COOKT

Inspirations

Let your creativity take the lead - take COOKT Plain Pig Wings into your next gourmet creation!



*Serving Suggestion